

*I saw the situation with another group member and now I realise more about the problems I'm dealing with*

# DOMESTIC ABUSE WEEKEND WORKSHOP

## November 23rd/24th

(This is a **free** workshop)

### **THIS WORKSHOP WILL FOCUS ON:**

- Identifying what is an abusive relationship
- Looking at risk factors and safety planning
- Building and encouraging confidence, assertiveness and self esteem
- The importance of support networks and staying connected
- Recognising and understanding relationship patterns

**FOR LESBIAN, GAY, BISEXUAL AND TRANSGENDERED RESIDENTS IN LONDON WHO HAVE EXPERIENCED ABUSE FROM A PARTNER OR FAMILY MEMBER**



This service is offered as part of the London LGBT Domestic Abuse Partnership (DAP)

Go to [www.lgbtdap.org.uk](http://www.lgbtdap.org.uk)



Places are limited and participants must be available for both days.

Call Jo at Pace on 020 7700 1323 for more information or to book a place

*PACE recognises and respects the diversity of our LGBT communities and we're here to support you*

# CONTACT

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All enquiries are treated in the strictest of confidence